

— SPM EDUCATIONAL EVENT —

# MENTAL HEALTH: WE ALL NEED IT



## WEDNESDAY, MAY 29

Noon	Registration
2:00 p.m.	Opening prayer
2:05 p.m.	Welcome and introductions
2:45 p.m.	<b>PRESENTATION</b> / “Mental Health: What Is It?” <i>Megan Miessler, DCE, LCSW, executive director, Lutheran Counseling Services, Orlando</i>
4:15 p.m.	Break/Personal time
5:00 p.m.	Dinner
6:00 p.m.	Free time ( <i>transportation will be offered to the River Walk</i> )
8:30 p.m.	Hospitality ( <i>for those who want to remain at the Oblate</i> )

## THURSDAY, MAY 30

8:00 a.m.	Breakfast
8:45 a.m.	Prayer and announcements
9:00 a.m.	<b>BIBLE STUDY</b> / Part I <i>Rev. Derek Wolter, director of Spiritual Care, Lutheran Home and Harwood Place, Wauwatosa, Wis.</i>
10:15 a.m.	Break
11:00 a.m.	<b>PRESENTATION</b> / “Spiritual Warfare and Mental Health” <i>Rev. Dr. Gary Zieroth, associate professor, dean of Students, and director of Vicarage and Internship, Concordia Theological Seminary, Fort Wayne, Ind.</i>
12:15 p.m.	Lunch and personal time

2:00 p.m.	<b>PRESENTATION</b> / “Well-Being Among LCMS Ministers: Challenges and Opportunities” <i>Ryan Curnutt, senior research analyst for the LCMS</i>
3:15 p.m.	Break
4:00 p.m.	<b>WORKSHOPS</b>
5:15 p.m.	Break
6:00 p.m.	Dinner
7:00 p.m.	Peer support groups
8:00 p.m.	Hospitality

## FRIDAY, MAY 31

8:00 a.m.	Breakfast
8:45 a.m.	Prayer and announcements
9:00 a.m.	<b>BIBLE STUDY</b> / Part II <i>Rev. Derek Wolter</i>
9:45 a.m.	Break
10:00 a.m.	Reporting from workshop participants and peer support groups: What’s your takeaway?
11:15 a.m.	Break
11:30 a.m.	<b>CLOSING WORSHIP WITH COMMUNION</b> / <i>Host congregation: Crown of Life Lutheran Church, San Antonio; Rev. Mark Barz, celebrant; Rev. Dr. John Hirsch, preacher</i>
12:30 p.m.	Lunch
2:00 p.m.	Transportation to The Alamo ( <i>free; guided tour: \$7 or \$15</i> )
5:00 p.m.	Return to the Oblate and gather belongings <i>Participants are on their own for dinner and transportation to their chosen destination</i>