

MISSIONS UNPACKED



Ceviche Shopping List

To prepare ceviche with Rev. Osmel Soliz this week, purchase the following ingredients:

- 1-1 ½ lbs. tilapia filets
- 1 head fresh garlic
- 1 bunch fresh cilantro
- 1 red onion
- Enough limes to yield 2 c. juice (approx. 16) or 2 c. bottled lime juice
- 1 fresh chile pepper (jalapeño, Scotch bonnet, or habanero, according to taste) (optional)
- Original Corn Nuts (optional, for serving)
- 1 head iceberg lettuce (optional, for serving)
- 2-3 medium sweet potatoes (optional, for serving)

Of course, you can also just [enjoy the video](#) as he demonstrates the recipe!

