There is always hope...
I just want you to know that we all need help sometimes. And I want you to know someone out there cares and that you matter to God. There is a light greater than any darkness and a hope that never ends in God’s love and forgiveness.
I hope this brightens your day, gives a little joy, helps you find a little peace. You are in my prayers.
Love,

For more help:

The LORD bless you and keep you; the LORD make his face shine on you and be gracious to you; the LORD look upon you and give you peace.
— NUMBERS 6:24-26

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