

PSALM
145



very day I will bless you
and praise your name forever and ever.
(PSALM 145:2)

STRUCTURE

- v. 1-3** God is worthy of praise, every day and forever.
- v. 4-7** The words of the Lord are passed down from generation to generation for our meditation and praise.
- v. 8-9** The reason to praise God: He is good and merciful.
- v. 10-13** Both God's works and His saints praise Him.
- v. 14-20** The reign of God is known in His deeds: He upholds the weak, gives food to all flesh and serves as the righteous and kind judge to those who fear Him.
- v. 21** Let all flesh bless God's holy name (SEE PHIL. 2:10-11).

AT A GLANCE

- FROM THE TOP** *A Song of Praise. Of David.* — This is a term used for the whole psalter: "Songs of Praise."
- OF A KIND** *Acrostic psalm* — Each verse begins with the next letter in the Hebrew alphabet. There are nine psalms written as acrostics (SEE LAM. 1-5 AND PROV. 31).

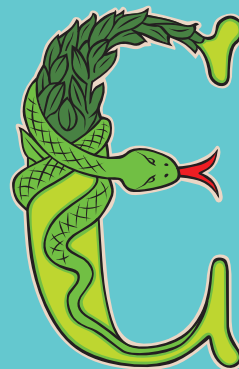


CHRIST IS HERE

Scripture says that in Christ "all things hold together" (COL. 1:17B). Christ mediates all the blessings between God and man (1TIM. 2:5).



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Psalm 145 praises the Lord's character and activity. He is the Creator and Preserver of all things, worthy to be praised for His wondrous works and goodness. We are not worthy of the least of what God gives us, yet He provides all that we need in body and soul. We are His creatures and the recipients of His great redemption. He owes us nothing but gives us everything. No other god is like this. Verse 8 quotes the Lord's own declaration of His Name: "The Lord, the Lord, a God merciful and gracious, slow to anger, and abounding in steadfast love and faithfulness" (EX. 34:6). He is the God of all, upholding the world in patience that all might reach repentance (2 PETER 3:9). Everyone who calls on the name of the Lord will be saved (ROM. 10 AND ACTS 2, QUOTING JOEL 2). By His Spirit, they acknowledge this and receive His constant and undeserved kindness with thanksgiving: "For all of this it is our duty to thank, praise, serve, and obey Him. This is most certainly true" (Small Catechism, 1st Article of the Creed).



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USE IN THE CHURCH

Antiphon: v. 21c

In the Daily Office: Saturdays at Vespers

At the Divine Service:

One-Year:

Gradual for Advent 4 (v. 18, 21) and Trinity 20 (v. 15–16)

Verse for Christmas 2 (v. 21)

Three-Year:

Introit for Easter 3C (ant: v. 10) and Proper 12B (ant: v. 5); introit antiphon for Proper 11B (v. 16); introit verses for Easter 5B

First seasonal Gradual in Pentecost for Holy Trinity through Proper 7 (v. 3, 5b, 6b)

Psalm for Propers 9A (ant: v. 19) and 13B (ant: v. 15)

SPIRITUAL CARE

- Thanksgiving for blessings and a new day.
- When facing hardships.
- When away from home.
- To encourage others in faithfulness, especially the young.



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PSALM PRAYER

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O Lord, be near all who call on You, and fulfill the desires of those who fear You. Lift those who fall, and support those who are cast down, that we who are falling into death may arise by Your deliverance; through Jesus Christ, our Lord. **Amen.**

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