

PRAY FOR Benjamin and Rebecca Helge

Missionaries to the Czech Republic
Serving the Lord in the Eurasia Region



Benjamin and Rebecca Helge serve the Lord through The Lutheran Church—Missouri Synod (LCMS) in the Eurasia region, based in Ostrava, Czech Republic. As the shared ministries manager, Benjamin assists with programs, projects and services that extend across multiple countries or support many or all personnel in the region. Through this work, he seeks to effectively equip missionaries and the local church to share the Gospel, plant Lutheran churches and show mercy.

Benjamin also works closely with the Silesian Evangelical Church of the Augsburg Confession (SCEAV) and the Evangelical Center M.I.S.E. In cooperation with SCEAV, he is the lay leader for

the K4 Community Center and church plant in Havířov-Šumbark. He and Rebecca reach out to the community by teaching conversational English to people of all ages and assist with planning events for the neighborhood.

Benjamin is from Albuquerque, N.M., where his home congregation is Christ Lutheran Church. He received his B.A. in music with an emphasis in education and a minor in worship arts from Concordia University Irvine in Irvine, Calif. Benjamin enjoys cooking, drinking good coffee and traveling. He also sings in a band, LiftUp, and writes distinctly Lutheran music for the church.

Rebecca is from Highgate, Vt. She received a B.A. in philosophy from Wheaton College in Wheaton, Ill., and an M.A. in humanities from Anglo-American University in Prague, Czech Republic. She worked as a missionary teacher at the Christian International School of Prague from 2011–2021, where she taught literature and Bible classes.

Benjamin and Rebecca have one son, Viktor Emil, who loves juice, pasta and people.

Pray for Benjamin and Rebecca as they serve in the Czech Republic. Ask God to bless their marriage and to guide Viktor as he grows in the faith given to him in his Baptism. Pray also for their continued learning of the Czech language, including Viktor, who goes to Czech school. Ask God to grow the church plant in Havířov and to fill it with new believers.

BIRTHDAYS: Benjamin — April 13, Rebecca — Feb. 28, Viktor — April 18

ANNIVERSARY: June 26

HOME DISTRICT: Rocky Mountain



Pray daily for Rebecca and Benjamin – and how you can support and tell others about their ministry. Visit lcms.org/helge

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