

"For the love of Christ controls us, because we have concluded this: that one has died for all, therefore all have died; and he died for all, that those who live might no longer live for themselves but for him who for their sake died and was raised" (2 Cor. 5:14-15).

Praise and Give Thanks to the Lord

WEEK TWO

KEY SCRIPTURE:

A verse to memorize and meditate on this week

"Oh give thanks to the LORD, for he is good; for his steadfast love endures forever!" (1 CHRON. 16:34).

TAKING IT FURTHER:

A section of Scripture to ponder in depth

"And they brought in the ark of God and set it inside the tent that David had pitched for it, and they offered burnt offerings and peace offerings before God. ... Then on that day David first appointed that thanksgiving be sung to the LORD by Asaph and his brothers. Oh give thanks to the LORD; call upon his name; make known his deeds among the peoples! Sing to him, sing praises to him; tell of all his wondrous works! Glory in his holy name; let the hearts of those who seek the LORD rejoice!" (1 CHRON. 16:1, 7-10).

QUESTIONS:

Considerations to renew your mind and move you to action

1. What stands out in this Scripture when you first read it?
2. Are there things in this Scripture that remind you of what God in Christ Jesus has done for you or who He has made you to be?
3. What does this Scripture teach us about God's will in regard to the habit we are focusing on this month?
4. What is God calling you to repent of and change in your life?
5. How can you put into action what God has taught you?

HOW I WILL:

Ways to practice this discipline

- Set a timer for three to five minutes each day and write down as many blessings as you can remember, adding to your list each day.
- Sing the same hymn each day all week.

This week do one of the above or a similar action that fits your context.

PRAYER:

Words to turn your heart to God and ask for His blessing

O holy and most merciful God, all Your ways are perfect and good. We ask You to make us, Your people, know and believe this always. According to Your promises, give us every blessing of body and soul as we seek first Your kingdom. Help us daily to live in the newness of life we have received through Your Holy Spirit in our Baptism. Since we have been connected to Jesus' lifegiving death and resurrection in those waters, grant us each day to grow in the grace and knowledge of our Lord and Savior Jesus Christ, through the same Jesus Christ, our Lord. Amen.

"What you have learned and received and heard and seen in me — practice these things, and the God of peace will be with you" (PHIL. 4:9).