

“For the love of Christ controls us, because we have concluded this: that one has died for all, therefore all have died; and he died for all, that those who live might no longer live for themselves but for him who for their sake died and was raised” (2 Cor. 5:14-15).

WEEK TWO

Pray

KEY SCRIPTURE:

A verse to memorize and meditate on this week

“Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God” (PHIL. 4:6).

TAKING IT FURTHER:

A section of Scripture to ponder in depth

“And I tell you, ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you. For everyone who asks receives, and the one who seeks finds, and to the one who knocks it will be opened. What father among you, if his son asks for a fish, will instead of a fish give him a serpent; or if he asks for an egg, will give him a scorpion? If you then, who are evil, know how to give good gifts to your children, how much more will the heavenly Father give the Holy Spirit to those who ask him!” (LUKE 11:9-13).

QUESTIONS:

Considerations to renew your mind and move you to action

1. What stands out in this Scripture when you first read it?
2. Are there things in this Scripture that remind you of what God in Christ Jesus has done for you or who He has made you to be?
3. What does this Scripture teach us about God’s will in regard to the habit we are focusing on this month?
4. What is God calling you to repent of and change in your life?
5. How can you put into action what God has taught you?

HOW I WILL:

Ways to practice this discipline

- List three big worries in your life and then spend five to ten minutes praying aloud about them.
- List five great gifts from the Lord and thank Him in prayer for them.

This week do one of the above or a similar action that fits your context.

PRAYER:

Words to turn your heart to God and ask for His blessing

O holy and most merciful God, all Your ways are perfect and good. We ask You to make us, Your people, know and believe this always. According to Your promises, give us every blessing of body and soul as we seek first Your kingdom. Help us daily to live in the newness of life we have received through Your Holy Spirit in our Baptism. Since we have been connected to Jesus’ lifegiving death and resurrection in those waters, grant us each day to grow in the grace and knowledge of our Lord and Savior Jesus Christ, through the same Jesus Christ, our Lord. Amen.

“What you have learned and received and heard and seen in me — practice these things, and the God of peace will be with you” (PHIL. 4:9).